

## MAIN NAMASTA MEMBERSHIP BENEFITS

		Associate Level	Professional Level
<b>Low-Cost Liability Insurance</b>	Access member programs for studios, teachers and bodywork professionals. Offered by established insurers.	X	X
<b>Yoga and Pilates Discounts</b>	Discounts of up to 50% with many suppliers of mats, mat bags, eye pillows, posters etc...	X	X
<b>Free holistic health care card</b>	Gives you and your household discounted access to a nationwide network of qualified acupuncturists, herbalists, nutritionists, with savings up to 30% off. No paperwork, no limits on the number of visits or pre-existing conditions. (US)	X	X
<b>Health benefits programs</b>	Available from \$59 a year. Discounts of up to 50% on prescription drugs, chiropractor, dental and vision services. Free emergency travel assistance and 24-hour medical information service. (These services are not insurance; US).	X	X
<b>Dental coverage</b>	Over 20 dental plans representing over 200,000 dentists (US). 25% member discount.	X	X
<b>Resources to help you succeed</b>	Learn how to attract new clients, manage risks and ethical boundaries, reduce costs and advertise. Members have unlimited access to premium newsletter content and the library of articles from past issues.	X	X
<b>Distance Learning</b>	Get 10% off many NAMASTA University distance courses taught by the leading authorities: How to Organize a Retreat, How to Market to Women, How to Be a Successful Tai Chi Teacher, etc...	X	X
<b>Legal and Tax Services</b>	Get access to a local attorney who will provide free document review - such as lease, waiver, contracts, etc...- and discussion of an unlimited number of topics from under \$80/year (US). Federal tax assistance and preparation service for an extra \$24/year.	X	X
<b>Web site development</b>	Low rates on website development	X	X
<b>Appointment Scheduling</b>	Allow clients to set up appointments while you are in session. 10% member discount.	X	X
<b>Merchant Account To Take Credit Cards</b>	Accept credit cards to charge your clients even offsite. No monthly minimum, equipment or commitment. \$6.99 monthly fee.	X	X
<b>Car rentals</b>	Rental Privileges and Free Hertz #1 Gold Card and free AVIS Express card. Value: \$100.	X	X
<b>Free 1-on-1 Mentoring</b>	Tap the experience of mind-body business experts to resolve your issues. Free individual mentoring session and member discounts		X
<b>Business Planning</b>	Free copy of BizPlan Builder 8, useful whether you are running or will be launching a business		X
<b>Free Referral Service</b>	Get listed with a leading holistic client referral service in their online, telephone and print directory (US).		X
<b>Special Report: Staff Employees or Contractors?</b>	Covers the dos and don'ts, who is an employee, who is a contractor, tax implications, ...		X
<b>Software Solutions</b>	Large discounts on leading software like YogaSoft, PilatesManager and Kicksoft and MassageSoft		X
<b>Payroll Service</b>	Eliminate the hassle and cost of payroll - outsource and offer direct deposit for your employees. Free conversion costs (up to \$100) and 2 months free with a leading US online payroll company..		X
<b>Corporate Marketing Service</b>	Corporate coaching service - to help market your yoga, Pilates or bodywork. 50% off set up fees.		X
<b>Window decal</b>	Official window decal to place on your store front to denote your affiliation with NAMASTA.		X
<b>Website seal</b>	Official electronic seal to include on your website (single use) to denote your affiliation with NAMASTA.		X
<b>Membership Certificate</b>	A gold flourish design to denote your affiliation as a Professional Member.		X

NAMASTA, The North American Studio Alliance: "Helping Mind-Body Professionals Succeed"